



Bridgewater
Community Healthcare
NHS Foundation Trust

School Nursing and the Integrated Team



Who we are

School Nurses are qualified nurses whose role is to support the health and wellbeing of school aged children.

From three bases we cover schools across Warrington


The team also consists of staff nurses, nursery nurses and support workers.

The south team school nurses are Kelly Sheen, Leanne Kieran and Kay Whitelaw.

The public health nurses are Louise Williams and Amanda Charles.



Main Role


- To identify the health needs of school age children.
 - To work in partnership with schools, Social Care, other health professionals and voluntary agencies to promote the health of children and young people
 - Partnership with statutory agencies to ensure safeguarding of vulnerable children
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How we support Primary School Children

- Reception and year 6 health questionnaires
- NCMP for reception and Year 6
- Support PHSE
- Flu Campaign
- Advice and support to parents who request additional help



How we support young people in the high school

- Weekly drop in
 - Offer support and advice to young people and their families in school or at home.
 - Refer young people to other services following assessment if necessary
 - Immunisation programme
 - Support PHSE delivery
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School Drop In Service

A confidential service, referrals are taken from:

- The young person can self refer.
- A parent / family / carer.
- School staff.
- Other health professionals.

Following a full assessment of their needs the young person will be offered the most appropriate intervention.



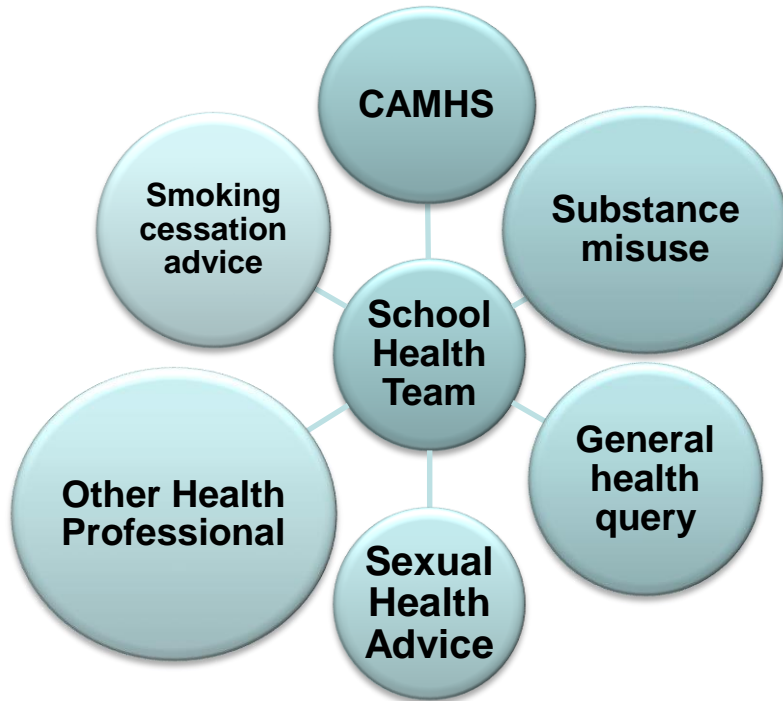
Emotional Health and Wellbeing

Main presenting issues:

- Anxiety
- poor body image
- stress
- anger issues
- panic attacks
- sleep issues
- low mood
- self-harming
- low self-esteem



We can support young people or refer to someone else



What we can offer

- Brief interventions such as distraction techniques, coping mechanisms and advice.
- Mindfulness
- General health advice
- Healthy eating advice and support
- Sexual health advice and identity support
- Sleep Advice

Chat Health

- Chat Health is a NHS-based platform to improve digital access for teenagers, children and families. Chat Health is a risk-managed messaging helpline platform, providing a way for service users to easily and anonymously get in touch with a healthcare professional.
- Warrington Chat Health is led by the School Nursing Team and the Health Visiting Team, it is monitored daily Monday to Friday 9am – 5pm and replies within 24 hours.
- The team offer advice and support Via text message service and can offer face to face appointment, telephone calls or signpost to other services.



Warrington ChatHealth Service – anonymous and confidential advice lines for:

Parents and Carers of children aged 0-5: Text: 07507 327981

Parents and Carers of children and young people aged 5-19: Text: 07480 635994

Young People aged 11-19: Text: 07507 330101

Thank You For Listening

Contact Details for the school Nursing Team

Bridgewater Community Healthcare NHS Foundation Trust

Grappenhall Clinic, Springfield Avenue, Warrington. WA4 2NW

Tel: 01925 946505

www.twitter.com/Bridgewater_NHS

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