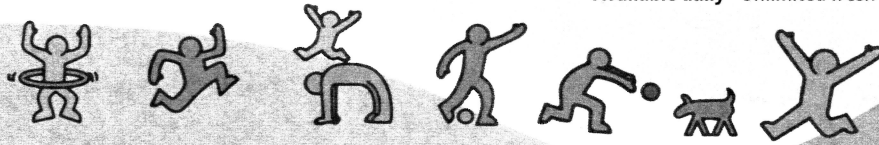


# SCHOOL MEALS

Available daily as an alternative: - Filled jacket potatoes served with vegetables, a dessert and drink. An alternative dessert from a selection of seasonal fresh fruit, yoghurt, soya and cheese & biscuits

Available daily - Unlimited fresh salad and wholemeal bread, drinking water or fresh milk.



## Week One

### Meat Free Monday

Vegetarian Sausage Roll  
Herby Diced Potatoes and Baked Beans

Vanilla Ice Cream

### Tuesday

Pork Sausage with Yorkshire Pudding Creamed Potatoes, served with Carrots and Peas

Fresh Fruit Segments or Yoghurt

### Wednesday

Beef Burger in a Bun served with Herby Diced Potato and Fresh Side Salad

Vegetables Fajitas served with Savoury Rice and Sweetcorn.

Orange Jelly and Fruit

### Thursday

BBQ Chicken served with Baked Wedged Potatoes, and Sweetcorn

Homemade Blueberry Cake/Muffin

### Friday

Crumb Coated Chicken served with Chunky Chipped Potatoes, Garden Peas, or Baked Beans

Oven Baked Fish Fingers  
Served with Chunky Chipped Potatoes, Peas, or Baked Beans

Homemade Cooks Choice Biscuit

### Meat Free Monday

Margarita Pizza Rounds  
Served with Baked Jacket Wedges and Sweetcorn

Doughnut

### Tuesday

Roast Turkey with Creamed Potato, Roast Potato, Carrot and Broccoli

Fresh Fruit Salad or Yoghurt

### Wednesday

Spaghetti Bolognaise  
Served with Garden Peas

Garlic and Herb Chicken Pitta served with Vegetable Rice and Broccoli.

Arctic or Chocolate Ice Cream

### Thursday

Brunch Lunch  
(Sausage, Beans, Hash Brown, Omelette)

Raspberry Jelly and Fruit

### Friday

Crumb Coated Chicken Served with Chunky Chipped Potatoes, Peas or Baked Beans

Oven baked Battered Salmon  
served with Chunky Chipped Potatoes, Peas or Baked Beans

Homemade Cooks Choice Biscuit

## Week Three

### Meat Free Monday

Tomato and Mascarpone Pasta Bake  
Served with Seasonal Vegetables

Strawberry Ice Cream

### Tuesday

Chicken Katsu Curry served with Rice

Fresh Fruit Segments or Yoghurt

### Wednesday

Selection of Pizza (pepperoni/cheese)  
Served with Jacket Wedges, Salad

Sweet and Sour Chicken/Quorn Served with Rice/Noodle

Jelly and Fruit

### Thursday

Pork Meatballs in Tomato and Basil Sauce  
Served with Pasta and Garden Peas

Vanilla and Chocolate Marble Cake

### Friday

Oven Baked Chicken Poppers  
Served with Chunky Chipped Potatoes,  
Garden Peas or Baked Beans

Oven Baked Fish Stars Served with Chunky Chipped Potatoes, Garden Peas, or Baked Beans

Homemade Cooks Choice Biscuit



Menu Cycle Week One: 17<sup>th</sup> June, 8<sup>th</sup> July, 2<sup>nd</sup> Sept, 23<sup>rd</sup> Sept, 14<sup>th</sup> Oct, 4<sup>th</sup> Nov, 25<sup>th</sup> Nov

Menu Cycle Week Two: 24<sup>th</sup> June, 15<sup>th</sup> July, 9<sup>th</sup> Sept, 30<sup>th</sup> Sept, 21<sup>st</sup> Oct, 11<sup>th</sup> Nov, 2<sup>nd</sup> Dec,

Menu Cycle Week Three: 1<sup>st</sup> July, 22<sup>nd</sup> July, 16<sup>th</sup> Sept, 7<sup>th</sup> Oct, 28<sup>th</sup> Oct, 18<sup>th</sup> Nov, 9<sup>th</sup> Dec.

## Menu: 2024

= Vegetarian    = Vegetarian substitute available  
Lunch will be served with fresh milk or drinking water.  
All homemade dishes contain additional vegetables.

For allergen and dietary help please contact school meals helpdesk on 01925 443082 or visit our website